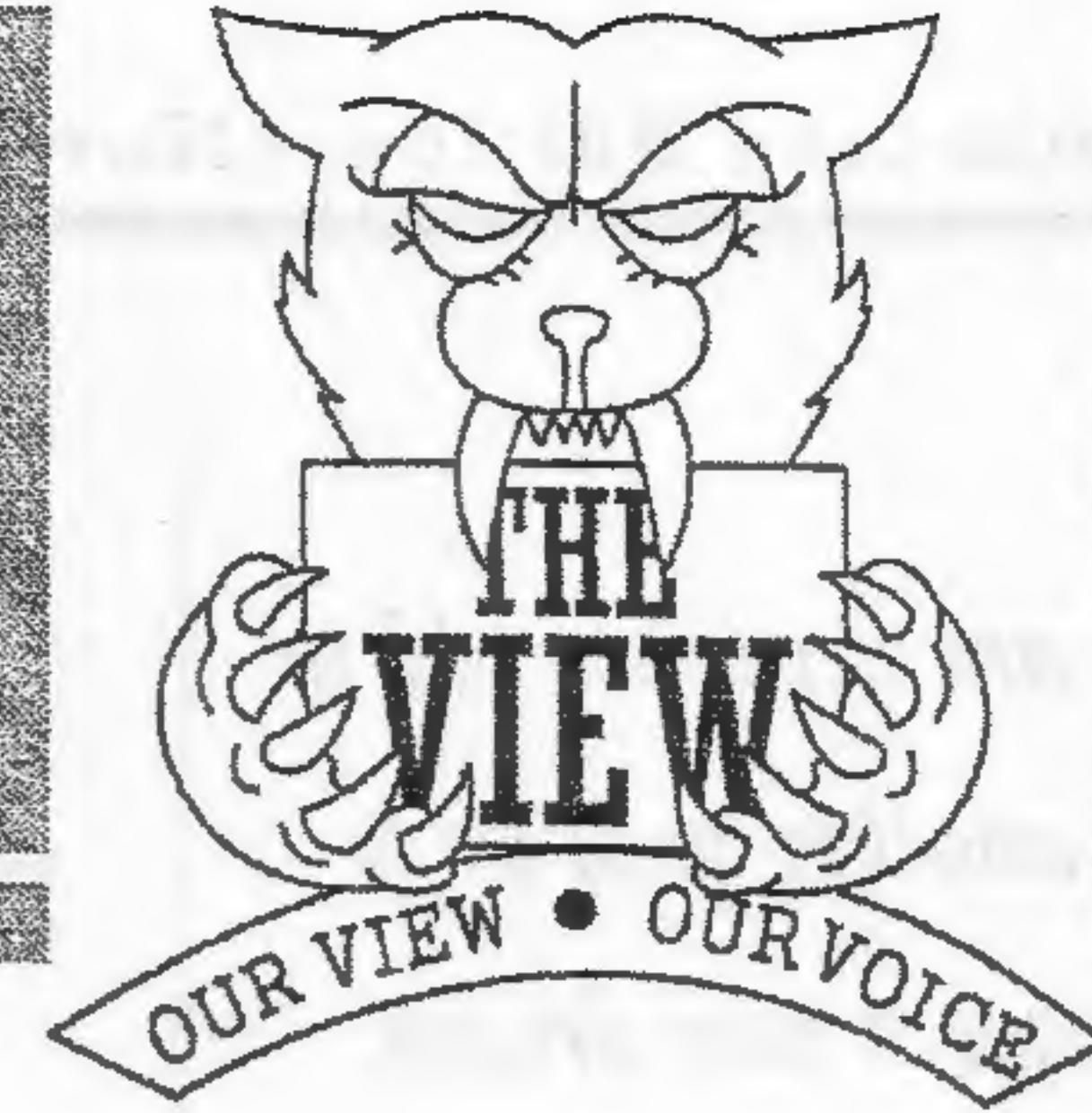


THE 'VIEW'

Our View, Our Voice



WESTVIEW REMEMBERS

BY: TWINKLE PATEL
KARISSA HUFNAGEL

There is a very special poem we hear and recite every year that honors and commemorates those who have and are risking their lives to maintain peace between the nations, keeping us safe.

"In Flanders Fields" is a war poem written in the form of a Rondeau (type of French poetry). It was written by Lieutenant Colonel John McCrae, a Canadian physician, during the First World War, who was inspired to



Inflandersfeildmusic.com

Ypres. They held ground in a Flanders area, and when a friend or fellow soldier died they were buried there. The poem was first published on December 8th, 1915 in a London magazine called "Punch".

www.wikipedia.com

write this beautiful poem after the death of his good friend, Lieutenant Alexis Helmer.

The concept of 'Flanders Field' was derived from where the Canadians had their ground in the

On Friday, November 9th, 2012, Mr. Taborek's class and the Admin held a ceremony over the PA. Calvin, Hilem and Sagal are all students who spoke about the countries their families have come from, and the difficulties and dangers these places present. They spoke of how thankful they are to be able to live in Canada, safe and free. These students, representing the rest of Westview, are very grateful to the soldiers who made their lives possible. At 11:11 am, Westview held a moment of silence, while wearing our poppies, to pay tribute to those who gave up their lives, and those who are still fighting, to protect us. Westview will always remember.

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WESTVIEW FIGHTS BACK ANTI-BULLYING WEEK

BY TAZLIN JAHAN

Anti-bullying Week took place on November 19th – 23rd, 2012. This week signified the prevention of bullying and the importance of spreading awareness about the harmful affects of bullying. Westview students were actively engaged and worked diligently in spreading awareness throughout Westview.

Bullying is the act of undermining a person's ability, achievement or self esteem, whether it be in sports, at school, online, etc. It can be inflicted both verbally and physically and this is not acceptable.

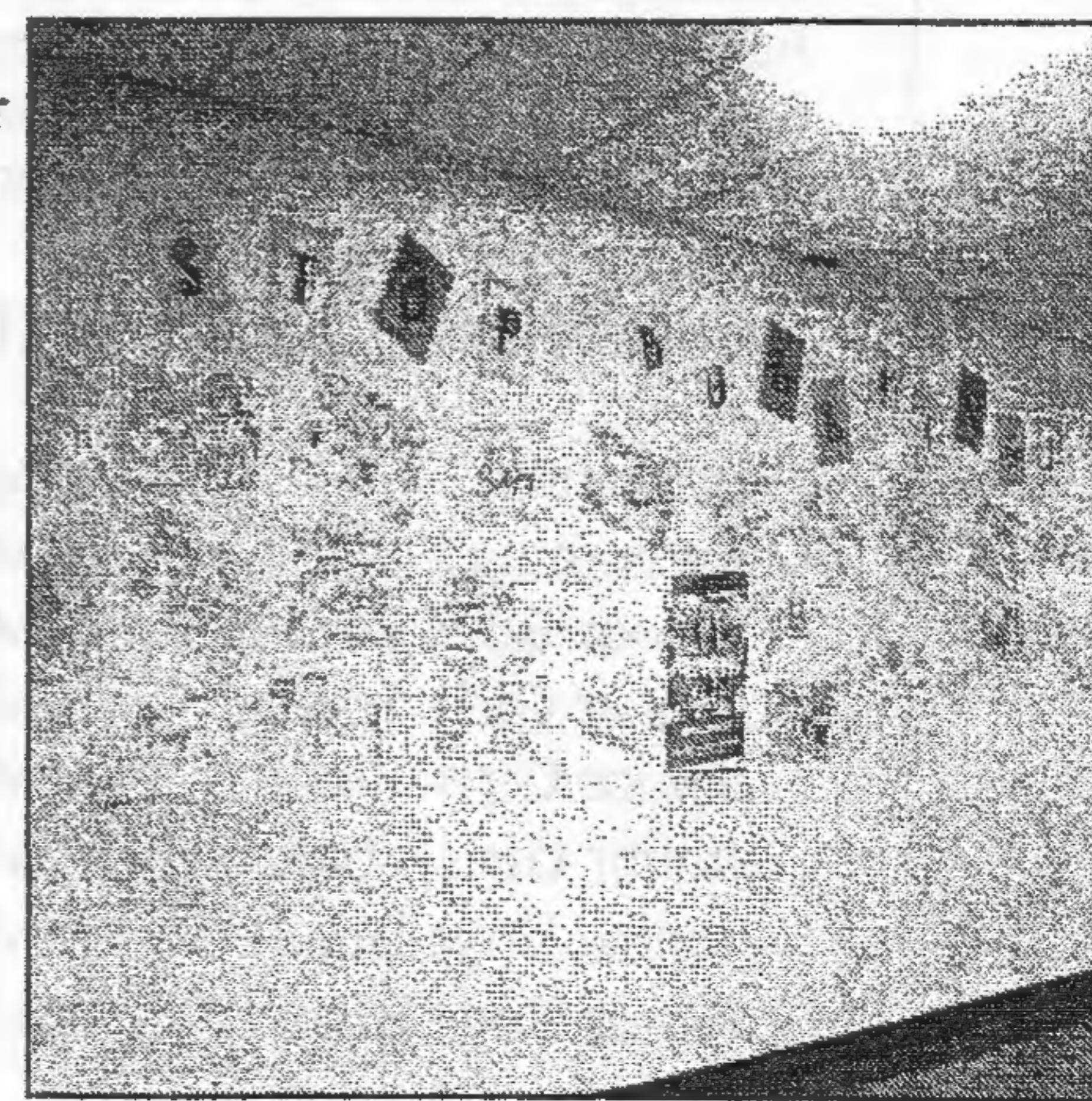
Anti-Bullying week was established to speak up and stand up to bullying. This is a great opportunity for schools, colleges, and students to get involved.

At Westview Centennial Secondary School, we

recognize and appreciate Ms. Mackenzie and her PPC and leadership students who took the liberty of creating eye-catching, artistic posters for Anti-bullying Week. Their work is beautifully displayed on the 2nd floor of the building, and is titled "Stop Bullying". These students have also presented speeches during morning announcements and have spoken about

the recent suicide of a student in Canada named Amanda Todd, whose death was due to her being bullied.

Cont'd on
Page 3



Picture taken by Tazlin Jahan

You are never too old to set another goal or to dream a new dream.

-C. S. Lewis

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The Movember Movement

By: Kevin Noguera

You may have noticed many men growing out their moustaches all month long. Movember is responsible for the sprouting of moustaches on thousands of men's faces across Canada and around the world. With their "Mo's", as they are called, these men raise funds and awareness for men's health, like prostate cancer and male mental health.

Many Canadians have been growing their whiskers to support this cause with the support of many women in their lives. "Mo Sistas" and "Mo Bros" raise funds by seeking out sponsorship for their growing efforts.

Many people don't think about health issues unless they have to, but in fact we know that by creating awareness of these issues amongst society, we create change, and we develop the idea that by doing something little, we can make big changes in the world. It is easy to let your moustache grow to raise funds for cancer research and treatments. Yet, many people are not aware of this "growing" event and they do not know how they can easily help.



Picture Taken by Kevin Noguera

Canada joined the Movember movement in 2007. In 2011 many Canadians participated, raising \$125.7 billion for the Movember Foundation. This event is held in 21 countries and has the co-operation of 1.9 Million "Mo Bro" & "Mo Sistas" around the world so far.

Movember is not only an activity for men's participation, but also for women, who play a key role in the campaign. They do this by supporting "Mo Bros" who grow moustaches and raise awareness. In fact,

(most) women can't grow a moustache, but they can still contribute to this amazing cause. *"Movember to some people may just be an excuse to grow out a silly mustache, draw one on or even have it tattooed on their finger. I find it particularly heart warming as it represents my father, my grandfather, my brother as well as all men. It is seldom we take the time from our busy lives to consider how much Cancer affects our society. You may not be able to contribute something financially, but you can personally take the time to get involved and encourage the men in your life to increase early cancer detection. This is what I have accomplished,"* said Ashley Lachance, a Movember participant from Toronto and a friend of Westview. She has supported this cause for a long time and she is an example of how everyone can be involved in these activities that concern men. Remember that you can also create change by making the people around you aware of the health risks they may face, and by growing a moustache. So keep this in mind, small contributions make big differences.

VARSITY ATHLETICS: UPCOMING EVENTS - By: Twinkle Patel

Important dates for sports lovers and Wildcat supporters to remember!!!

Junior boy's Basketball Tournament—December 6th
 Senior Boy's Basketball Tournament—December 14th
 Junior Girl's Volleyball Tournament—December 19th
 Senior Girls Volleyball Tournament—January 18th
 Intramural Dodgeball—November 26th—December 5th

Questions?? Speak to the Coaches listed below:

Wrestling:

Mr. Keeves & Mr. Brown

Swimming:

Ms.. Clarke & Ms.. D'Andrea

Indoor Boys Soccer :

Mr. Quach & Mr. Silverberg

Indoor Girls Soccer:

Mr. Quach & Mr. Silverberg

Senior Girls Vball:

Ms. Leizer & Ms. Langley

Junior Girls Vball:

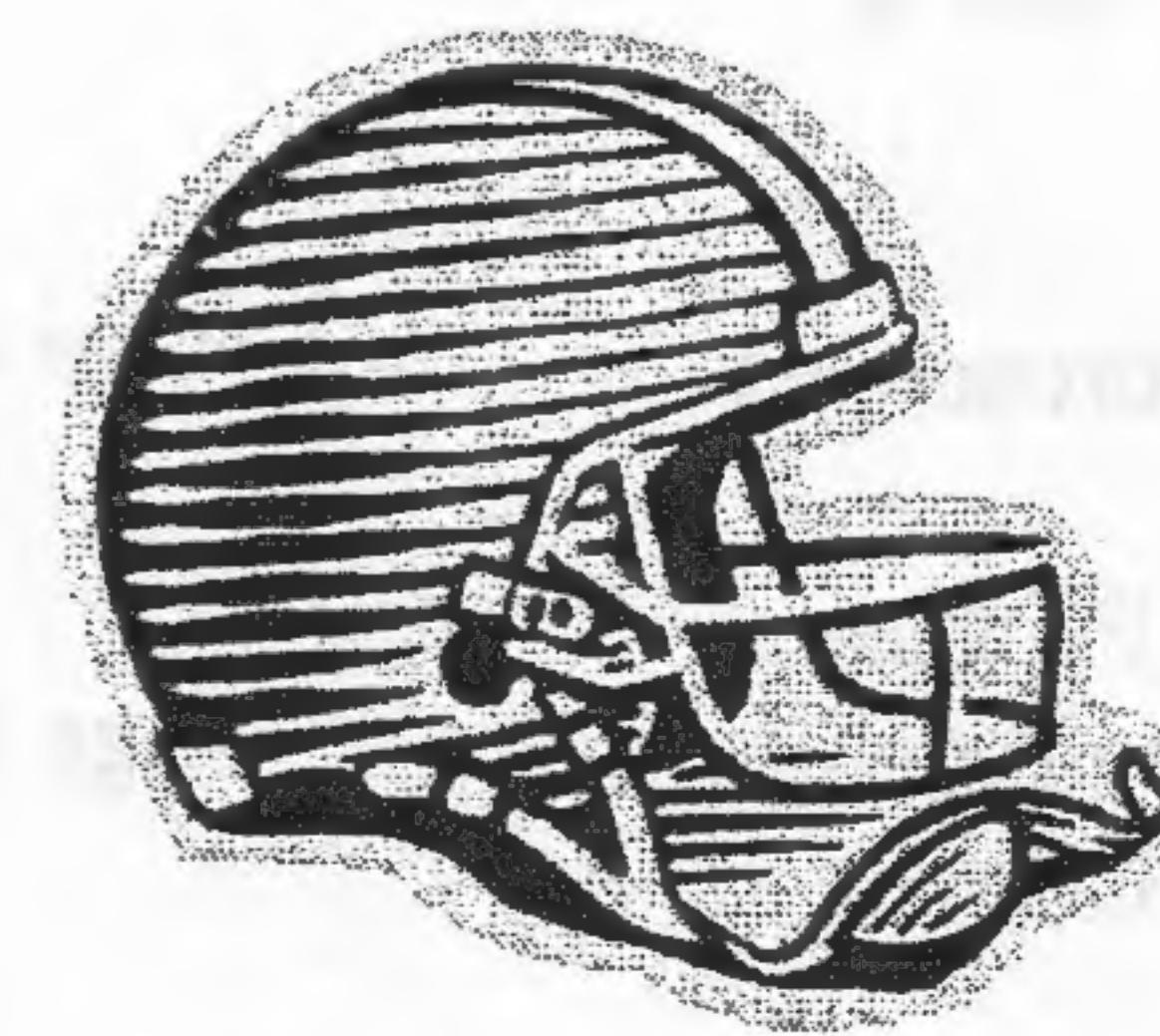
Ms. Leizer & Ms. Langley

Senior Boys Bball:

Mr Holness & Mr Silverberg

Junior Boys Bball:

Mr. Glenn



Dear View,

I've got a question for you. I find I get really angry with my classmates over silly things sometimes. How do I control my temper so that I don't get myself into trouble?

-Signed Anonymous

Dear Anonymous,

This is a really good question. We should start by telling you that violence is never the answer to any situation, if that is how you sometimes tend to react to challenges. Reacting to someone with violence or in any other negative way means that the person that upset you wins. So, all you have to do is to try to not be a person whose buttons are easily pushed and resist the urge to fight someone. Practice calming techniques like taking deep breaths and counting aloud, and then take a step back and think about the situation rationally. If the situation is serious enough that you feel you need support, you should talk to your teacher or a trusted adult. They are there to help you. Remember we all have our bad days; don't let yours take control of you.

Need some advice? Send us your questions to theviewpaper@gmail.com

Cont'd from Page 1—

Amanda Todd's tragic death has attracted a lot of attention recently, and it has forced us to look at bullying more seriously and be aware of the harmful effects it can have.

Amanda was a victim of bullying who posted a video on YouTube, and using flash cards explained how she was being bullied, blackmailed and physically harmed by people around her. It is because of Amanda Todd and many other people who have been victims of bullying, that it is crucial we raise awareness of its effects and prevent situations such as this one from happening again.

Not only should we solely dedicate this week as Anti-Bullying Week, but also continue to spread awareness about bullying throughout Westview and in our communities, all year long. Let us never forget Amanda Todd and all the victims who have struggled and continue to struggle with unnecessary and damaging acts of cruelty.



<http://www.ulstertatler.com/wp-content/>



Created by Marie Kim



Aries**March 21-April 20**

Decide where you want to be in the future, and then start doing the things that will make them happen. Careful, planning is the key to success. Look at the positive side of everything that happens to you and you will achieve success.

**Taurus****April 21-May 21**

Anything is possible. There are no limits to what you can do. Don't let time restrictions or negative individuals hinder you. You were born to take risks, so have fun.

**Gemini****May 22-June 21**

Smile because everything seems to be back on track. You will have to make some tough decisions today, but think carefully about what you are about to do, and only do it if you are absolutely sure it is right and for you.

**Cancer****June 22– July 23**

Something is worrying you to such an extent that you can't get it out of your mind. Time spent thinking will not be time lost. On the contrary, it's time invested in your future success.

**Leo****July 24-Aug. 23**

You clearly do not care about what other people think of you. They have the power to make life uncomfortable and you are much stronger than that. Just Be Careful and stay positive.

**Virgo****Aug. 24 -Sept. 23**

You have waited long enough as it is. Now you must get started with that something that could and should transform your existence. Be positive and enthusiastic and that should help considerably.

**Scorpio****Oct. 24 -Nov. 22**

No matter how much you might wish to spare someone's feelings, you must be honest with them. You may come up with some great ideas this month. Make sure they are ideas that can be exploited for your benefit.

**Libra****Sep. 24 Oct. 23**

Try not to put yourself under too much pressure this month. Take the most direct route to wherever you want to go, whether at school or at home. Aim to relax and not take anything too seriously. Take a break from things that may stress you.

**Sagittarius****Nov. 22 - Dec. 21**

Don't be surprised to find yourself short of friends by the end of the month, but don't worry too much, they will come around. Remember everyone has secrets, but don't be too secretive this month.

**Capricorn****Dec. 22 - Jan. 20**

You will have challenging times this month, but be thick skinned and you will get through it. Focus on the end goal. It smells like sweet success.

**Aquarius****Jan. 20 -Feb 18**

You are all over the place and will be stuck between choices. Organize and choose wisely. Your choice may anger some but you must do what is best for you right now.

**Pisces****Feb. 19 -March 20**

This month may give you something to think about, or something that you may seem to find extremely challenging. Don't think too hard about it. Everything will turn out okay.



Pictures: <http://www.signature9.com/wp-content/uploads/2011/01/zodiac.gif>

'Do ya feel lucky? Well, do ya?'

In any given year, what are the odds of:

- a 100-metre wide asteroid hitting the Earth?
- scoring a hole-in-one in golf?
- becoming an NBA player?

Trivial Trivia!

Can you correctly answer the following questions about animals?

1. What animal can live without water longer than even a camel?
2. What animal can be frozen solid and still live?
3. True or False: People spend more money on pet food than baby food.
4. What breed of dog bites humans the most?
5. True or False: An ostrich egg will cook faster than a chicken egg.
6. What animal is immune to its own poison?
7. Which weighs more, the bones or feathers of a pigeon?
8. Where does catgut come from?
9. What is the only cat that cannot retract its claws?
10. This is the smallest mammal at less than the weight of a penny.
11. Sharks kill ___ people a year, while pigs kill ___ people per year.

Answers in order: rat, hog; blue; german shepherd; cheetah; bumblebee bat; sharks; tcl; pgs 60.
leaves - 40 minutes; snake; babies; sheep; pigs; horses;

Sudoku!

Because you're bored just hanging around!



The rules are simple:

- 1) You don't need any mathematics.
- 2) Fill every empty space, using only the digits 1 through 9.
- 3) Every row, column and outlined box must contain all the digits 1 through 9.

Hint: Try a process of elimination, by determining what digit(s) cannot fit a particular space.

(Do not guess: you'll probably be wrong given the number of possible sudoku puzzles is 6.6571×10^{21})

Time yourself:	
Under 6 minutes:	Prof. Srinivasa Ramanujan, your name awaits.
6 - 12:	You have a beautiful mind.
12 - 16:	Stand and deliver.
16 - 20:	I say, Holmes, you've done it again!
More than 20 minutes:	I say, Watson, you haven't got it... yet?



LBBYLEO

AROYEVL

PAITORR

MYNIATE

GAEAGGB

HREACTR

TSSRREO

IUTOSTR

KBOGINO

Arrange the circled letters here for the title of Conrad Hilton's bio:

!

Bookings, The book title is: Be My Guest
smarthy, baggage, character, masses, tourist,



© 2005

	2			1	3
7	1				5
	5	7		4	6
	6	9		3	
	3	2			
	8		1	5	
2	5		3	6	
9				8	2
7	3			8	

Special Thanks to Mr. T. Douglas for creating these fabulous puzzles for us :)

Word Scrambler /Descrambler

'Make Thyself At Home'

The Official Scrabble™ Dictionary lists over 4 550 seven-letter words in English! Chances are you've never even seen the word *zyzzyva*, let alone know what it means!*

But have no fear. All the 7-letter groups to the left are *ordinary* English words associated with travel and accommodation.

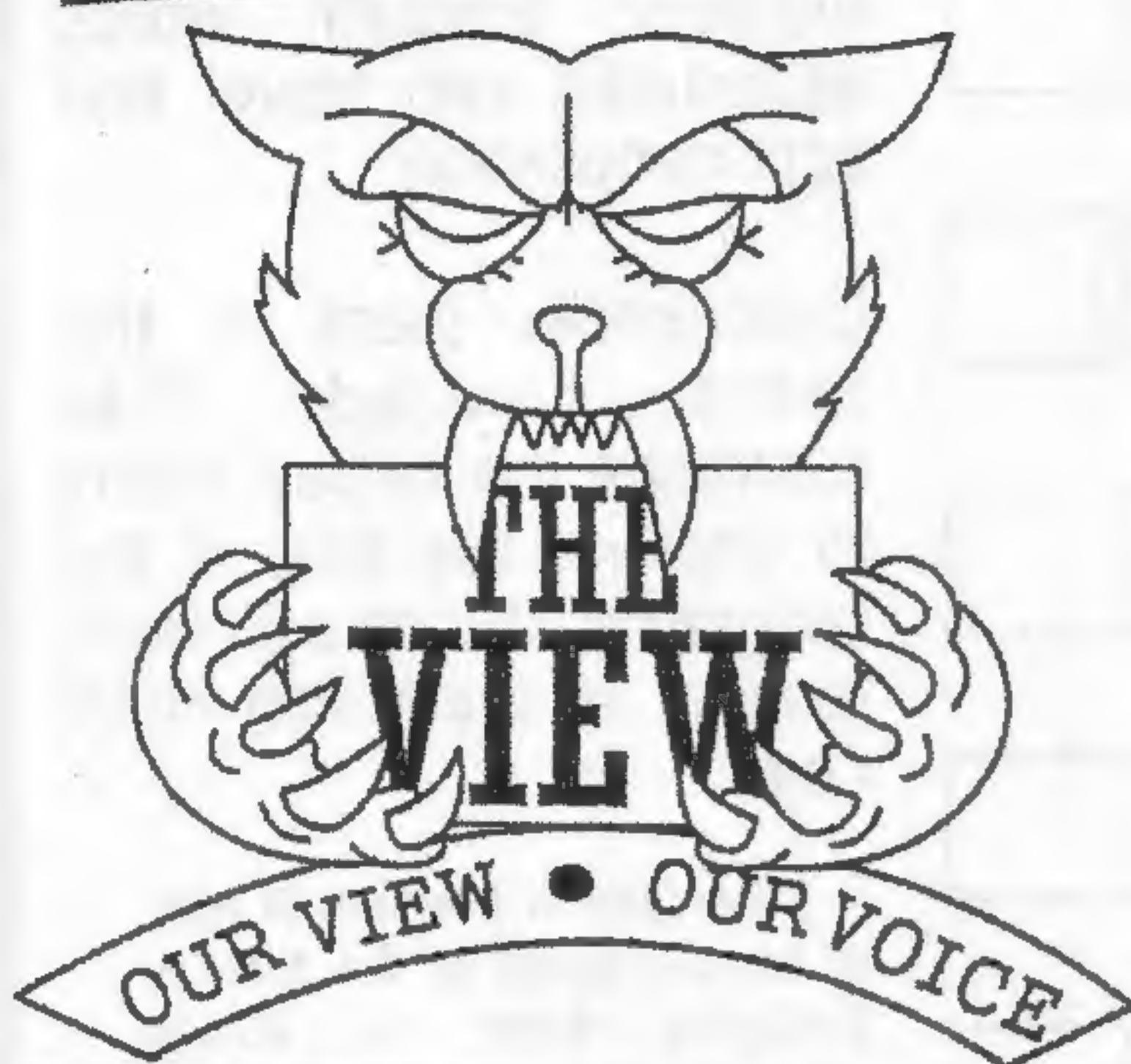
Unscramble them in the space provided. Then rearrange the circled letters to uncover the title of the biography of Conrad Hilton, founder of the Hilton Hotel chain.

* a *zyzzyva* is a weevil (a type of beetle) found in the tropics. Zyzzyvas have no known hospitality inclinations.

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Mr. Douglas (Entertainment)

Post Secondary Info

NOV. 25, 2012 — DEC. 29, 2012

Recurring Events

- G.S.A Mon & Wed @ Lunch and Mon after School

SUN	MON	TUE	WED	THU	FRI	SAT
	25	26	27	28	29	1
	HOW TO APPLY TO COLLEGE (LUNCH)	REP FROM YORK U LUNCH	DEAR DAY	MUSIC ASSEMBLY	MUSIC ASSEMBLY	READERS LEADERS @ YORK U
	2	3	4	5	6	7
				DEAR DAY	P.A. DAY	READERS LEADERS @ YORK U
	9	10	11	12	13	14
				DEAR DAY	DEAR DAY	READERS LEADERS @ YORK U
	16	17	18	19	20	21
				DEAR DAY	STUDENT BREAKFAST	SIA PENNY DRIVE (Oct - Dec)
	23	24	25	26	27	28
				WINTER BREAK	WINTER BREAK	WINTER BREAK
	29					

Uni Application due on Jan 16, 2013 — \$130
Collage Application Feb 1, 2013 — \$95
Register Scholarships @ www.studentawards.com

Application Feb 1, 2013 — \$95
Register Scholarships @ www.studentawards.com

•	Newspaper Club Every Tues. @ Lunch	• NO MORE LATE STARTS UNTIL FURTHER NOTICE
•	Chess Club Fri @ Lunch	• SIA Penny Drive (Oct - Dec)
•	Woodwork Club Mon & Thurs @ Lunch	•